

# Sorrento Bay Swim

**RACE STARTS 10.00AM SUNDAY 10TH JANUARY 2010**  
**REGISTER FROM 8.30AM @ THE BATHS JETTY**



Enter online at [www.sorrentoslsc.com](http://www.sorrentoslsc.com) or post entry to Sorrento Bay Swim, PO Box 304, Rye 3941 before 31/12/09. Any further queries call Event Hotline 0437 175 229.

**DISTANCE APPROX. 1800MTRS, JUNIORS/NOVICE 600MTRS**

**TROPHIES AND GREAT SPOT PRIZES**

*Complete in black pen please*

Surname \_\_\_\_\_

Given Name \_\_\_\_\_ Initials \_\_\_\_\_

Permanent Address \_\_\_\_\_

Suburb \_\_\_\_\_ Postcode \_\_\_\_\_

Email                       
 @

Phone AH \_\_\_\_\_ Sex (M or F) \_\_\_\_ Date of Birth DD/MM/YY \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**PLEASE SELECT A CATEGORY** *(please circle)*

**1800mtrs Registration \$45.00 Early Registration (before 31/12/09) \$40.00**

Junior 12-17 Open 18-29 Seniors 30-39 Masters 40-49 Grand Masters 50-59 Legends 60 plus

**600mtrs Registration \$35.00**

Junior 12-17 Novice 18-60 plus

**CREDIT CARD DETAILS**

Visa  Mastercard - Credit Card No.

Cardholder's Name \_\_\_\_\_

Expiry Date \_\_\_\_\_

Signature \_\_\_\_\_

**FREE T-SHIRT FOR FIRST 400 EARLY ENTRIES**

Please select size S M L XL XXL NB - Size not guaranteed to late entries

**DECLARATION**

Confirmation of Participation and Declaration/Waiver (as agreed by all participants in above swim) **A:** I understand and hereby confirm my intention to participate in a swim to be undertaken on Sunday 10th January 2010, at Sorrento Front Beach (adjacent jetty, Melway Ref: 157 C8) In the event of a postponement/cancellation "to a date to be fixed", and as a condition of my participation, I do for myself, my heirs, executors and administration, hereby waiver all and any claim, right or cause which I or they might otherwise have for, or arising out of, loss of my life or injury, damage or loss of any description whatsoever which I may suffer or sustain in the course of or consequent participation in the swim. **B:** I agree to follow the recommended course of the swim as described in any material distributed or briefing held before the swim and to follow all directions and abide by any instructions from members of the Sorrento Surf Life Saving Club. **C:** I hereby acknowledge that I have undertaken to join this swim entirely of my own free will, recognising the difficulties associated with an open water swim, and to rest, as necessary. Or to finish part only of the proposed course. **D:** I further declare that I am physically fit and in a physical condition suitable to undertake the swim safely. A qualified medical person has not otherwise advised me. **E:** I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and/or illness during the swim. **F:** This waiver, release and discharge shall be and operate separately and in favour of all persons or bodies involved in inviting participation in this swim and the servants, agents, partners or representatives of any of them, and all persons associated with or participating in the swim and shall operate whether or not the loss or injury or damage is attributed to the act or neglect of anyone or more of them Privacy statement and policy can be viewed online at [www.sorrentoslsc.com](http://www.sorrentoslsc.com). **G:** I agree to pay \$70 to cover the cost of the timing device if I fail to return the device to the event organiser at the conclusion of the event.

Name \_\_\_\_\_

Signed \_\_\_\_\_ Date \_\_\_\_\_

Declaration to be signed by parent or legal guardian if you are 17 years or under on the race day.

I verify that I am the Parent/Guardian of \_\_\_\_\_ on the day of the race and that he/she has trained for and has consent to swim in this event.

Signed \_\_\_\_\_ Date \_\_\_\_\_

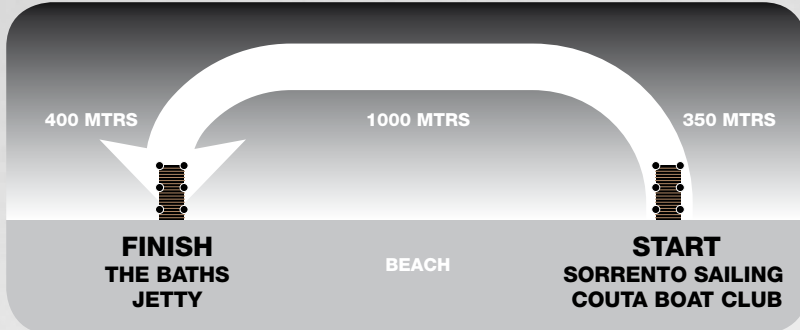


**ENTER ONLINE AT**  
**[www.sorrentoslsc.com](http://www.sorrentoslsc.com)**



# Course Layout

Course Approx 1800m  
Junior/Novice Course (600m) will Start and Finish at the "Baths Jetty"



Event timing by Tomato Timing [www.tomato.racetiming.com](http://www.tomato.racetiming.com)

All proceeds go to the Sorrento Surf Life Saving Club

Trophies to the First Three Placegetters in all Divisions will be presented by Tom Hafey, Football and Fitness Legend

Earn points towards the Cousins Tours and Travel 'St Vincents' Swim Series  
To enter the series go to [www.cousinsswimmingtours.com](http://www.cousinsswimmingtours.com)

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